

The Aorta



PUBLISHED BY AND FOR THE STAFF OF THE U. S. NAVAL HOSPITAL AT LONG BEACH, CALIFORNIA

Volume Two

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OCTOBER, 1944

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Number 12

Staff Office

Within a very short time after a Corpsman or WAVE checks in for duty at the U. S. Naval Hospital, Long Beach, he or she makes contact with the Staff Office. In charge of said office is the afterwards very familiar Ch. Pharm. J. W. Walker, USN, and it is he who details the personnel to their prospective duties. This would appear to be a simple matter, but is somewhat entailed considering that at the present time there are 453 Corpsmen and 174 WAVES aboard, whose qualifications earmark them for one of the many details that necessarily must be filled. Undoubtedly each and every staff member can very well recall the day and hour that the selection was first made.

For a matter of a week or so the average person is very busy getting acquainted with his work and surroundings, but it is scarcely any time until he once more returns with various and sundry problems that may have presented themselves.

Complete service records, muster cards and information which concern the Bureau of Naval Personnel are on file at all times; these are adjusted as requirements are fulfilled. Matters of family allowance, longevity, commuted rations, leave rations and changes in rate are also included in the daily routine.

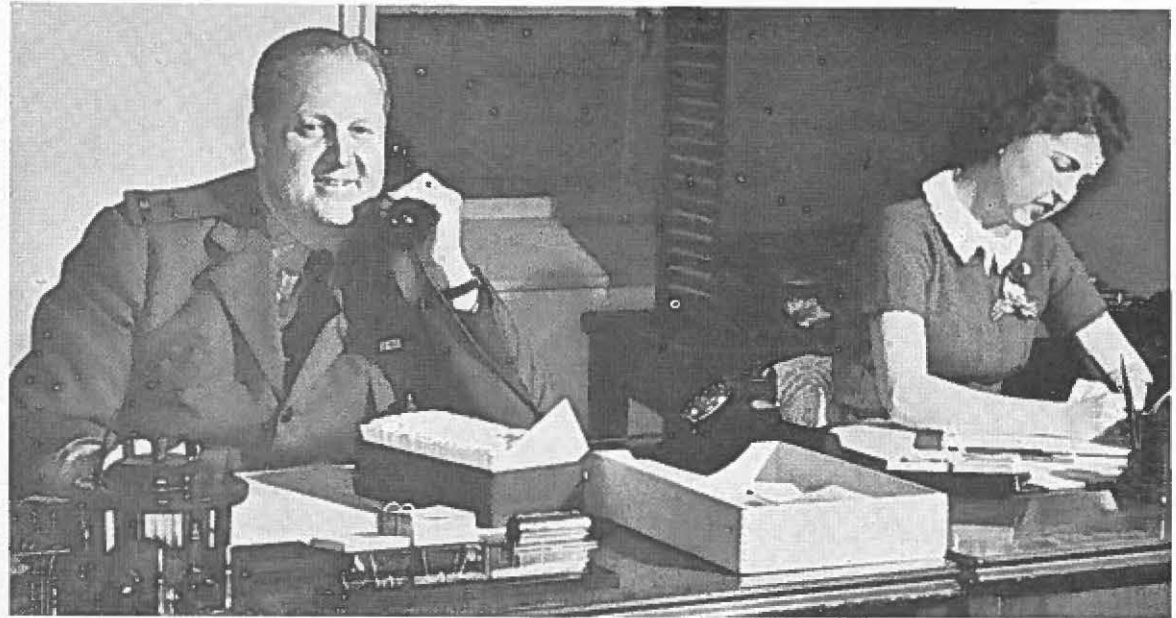
The Travel Orders, incoming and outgoing, are transacted by the Staff Office and must be executed in an accurate and detailed manner. In addition to the above Bureau Orders there are daily transfers of the Staff members to various courses of instruction that are offered, while the matter of any change in status entails the correction of the individual's complete record.

Senator Walsh Visits Here

This hospital was honored on 4 October by a visit from Senator David I. Walsh, Chairman of the Senate Naval Affairs Committee.

The Senator visited with patients and staff members, and a delegation from his home State of Massachusetts was on hand to greet him.

He was especially interested in the care of the sick and wounded.



Shown above is ChPharm. J. W. Walker, USN, Hospital Corps Officer, and Wilma Turner, civilian employee.

A not too publicized nor emphasized set up for granting special liberty and leave is found in this office and is the means of providing quite a headache for Mr. Walker, nevertheless, it is the desire of Staff Office force to give the best possible service and it is hoped that this is being accomplished.

Assisting Mr. Walker are Mrs. Sara Jo Goddard and Wilma Turner, civilians, and the following enlisted personnel: Betty Gabany, PhM3/c; Sam Hardin, HA1/c; James Hopkins, PhM2/c; Moe Deutch, HA1/c; George Scully, HA1/c; Patty Searles, PhM2/c; Virginia Pauling, HA1/c; Harry Rupp, PhM1/c, and Thelma Jokumsen, PhM3/c.

Send Your Aorta Home

Hawthorne Leaves

Lloyd F. Hawthorne, PhM3/c, editor of AORTA from January to August of 1944, left 30 September on a draft to San Bruno for further transfer.

Hawthorne reported aboard at this hospital on 10 May 1943 and was detailed to SOQ. After a period of ward duty he worked in the Security Office.

Eventually he worked for Public Relations and at the same time edited AORTA. He did all cartoons and art work for the paper, and at the request of various medical officers he did anatomical drawings.

His drawings never failed to attract favorable comment. The detail and shading of his work was so fine as to resemble an actual photograph of the subject.

The hospital staff all join in wishing Lloyd the best of luck in all he undertakes.



Pictured above is the staff of the Hospital Corps Staff Office, reading from left to right are: James Hopkins, PhM2/c, and Sam Hardin, Thelma Jokumsen, PhM3/c, and Patti Searles, PhM2/, (all foreground); George Scully, HA1/c, Virginia Pauling, HA1/c, Elizabeth Gabany, PhM3/c, (all rear). Harry Rupp, PhM1/c, is seen standing by the desk of Mrs. Sara Jo Goddard, who is in charge of clerical work in the Staff Office (left read).

Second Mate Makes Lt. (jg)

Corpsmen at this hospital were happy to hear that one of their number, Charles P. McCauley, PhM2c, was sworn in as a commissioned officer on 29 Sept. His rank is Lt. (jg) D-V(S) USNR.

Lt. McCauley had been in the X-ray department since 26 November 1943, when he first came aboard.

His many friends on the staff wish him the best of everything.

BUY WAR BONDS

THE AORTA

Published by and for the Staff of the U. S. Naval Hospital,
Long Beach, California

Paul M. Albright, Capt. (MC) USN.....Medical Officer in Command
I. L. V. Norman, Capt. (MC) USN.....Executive Officer
C. S. Conner, Lt. (jg) (HC) USN.....Welfare Officer
P. C. Skehan, Lt. (CHC) USNR.....Catholic Chaplain
E. F. Lawrence, Lt. (jg) (CHC) USNR.....Protestant Chaplain

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Bernard D. Goldberg, PhM3/c.....Editor
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Barbara Kane, Ens. (NC) USNR.....Nurse Editor
Doris Shelp, PhM2/c.....Wave Editor
M. C. Patrick, HA1/c.....Sports Editor

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Should We Go?

Many of us do not realize how much is being done by various civic, fraternal, and religious organizations—as well as individuals—to provide entertainment and comforts for men and women in the armed services.

We seem to take such things as the U.S.O., various canteens, and individual efforts so much for granted that a veritable apathy exists toward them. This is demonstrated daily in the lack of attendance at sponsored affairs.

Is it because we fear that they are all of the “tea party” type?

Could it be that we feel that we are being put on exhibition at these affairs?

Are we afraid that we will be called upon to give a speech or perform some service?

If any of the above are the reason we stay away from invitational affairs our fears are groundless.

At all of the parties that have been given in the past many individuals have given wholeheartedly of both their money and their time to provide the very best of entertainment and refreshment. Women, members of the Red Cross, have given up days and evenings at home to drive us to these functions.

Yet we are apathetic.

A possible explanation might be the fact that entertainment facilities of a commercial nature abound in this locality, and that we prefer entertainment of this sort.

It might be pointed out that the entertainment provided at private affairs given for us far excels any commercial entertainment. Movie stars, radio and stage personalities—whose time could not be purchased for any amount of money because of their contract obligations—spend days and nights doing their best to give us happy moments on our time off.

Can't we all join in a movement to show our deep appreciation to all of these unselfish people who are doing so much for us?

We can most easily show this appreciation by attending these parties whenever possible. It is only by our presence that these folks will feel that their efforts are worthwhile.

Organ Arrives

Church services will now be accompanied with the latest acquisition of the Welfare Department—a super de luxe Hammond Electric Organ, equipped with two console speakers.

The organ cost \$1750, and the entire amount was donated by two men whose benefactions for this hospital know no bounds, namely, *Charles D. Costas of Honolulu*, and *D. A. George of Long Beach, California*.

Priorities delayed receipt of this fine instrument, but its deep, melodic tones will now ring through the auditorium and over the hospital radio system.

The staff is deeply appreciative of this fine gift, and take this means of again thanking Mr. Costas and Mr. George for their generosity.

OUR LITTLE HELPER



I hear they're returning him to active duty.

“Don't Kid Yourself, Sailor!”

Did you ever have these thoughts running through your mind? This terrible war has upset every plan I ever had for my life. Today I am in the Navy; tomorrow when the war is over then I'll begin living my real life again. Yes, after the war, then I'll be my real self; but this, well this just doesn't count.

When the war is over I'll begin saving money. I will start myself in some fine business. But now it just doesn't matter. I guess I'll go ahead and play poker with this pay check. It won't matter if I lose another month's wages. I am in the Navy now, but after the war it will be different. Then I'm going to have a fine home and be a thrifty, respectable citizen.

I'd like to do some good reading tonight . . . but this is the Navy. There are some good books in the library. I heard someone say so anyway. When the war is over and I have my fine home, then I'm going to read all the good books. I am going to be informed; I may even read the classics. I'll likely have a library of my own. But now I'm just a sailor . . . guess I'll read this funny book tonight.

I shouldn't do this . . . but . . . well I don't know . . . things are just not the same when you're in the Navy. Some day when the war is over I'll have my nice home and children and then I'll be faithful. It will be different.

Don't kid yourself, sailor. It won't be different and neither will you be different. You will be the same old John Doe and the habits you develop now will be yours then. Just remember that what you are going to be tomorrow you are becoming today.—*The United Presbyterian*.

Houston, Tex. (CNS)—John Dunlop, sitting on his porch while waiting for his evening paper, saw one floating through the air on a gust of wind. He reached out and grabbed it. After reading it through and discovering he had only the first section, he looked up in time to spear the second which came in on another breeze.

Honeymoon In Jail

Dallas, Tex. (CNS)—Annabel Medford, who says that three of her nine husbands have been convicts, has divorced her most recent mate to marry her 10th in jail. Annabelle is in jail herself, right now—on a charge of stealing 31 cases of whiskey from a box car.

Ins and Outs of MAA's Office

In thinking of the Master at Arms Office one is apt to believe that its functions are limited to the space that it occupies.

Actually its functions are so complex that they affect every patient and corpsman in the hospital.



Above is shown CPHM William Johnson, Chief MAA of this hospital.

The department is divided into the Inside Master at Arms, headed by Chief Pharmacist Mate William Johnson, and the Outside Master at Arms, headed by Chief Pharmacist Mate C. E. Creech.

The duties of the Inside Master at Arms are numerous. Among the most important are its functions for the patients of the hospital, including special liberty requests, leave requests, special pay requests, and a multitude of circumstances that may and do arise. All requests of this nature are given the greatest possible consideration.

This department also maintains the brig.



Keeping books is a problem—even for the brig—as G. R. Depenning, PhM3/c, of the MAA force, proves above.

Chief Johnson is assisted by CPHM M. S. Todd, and a staff which includes R. G. Powell, PhM1c; N. E. Hawley, PhM1c, and G. M. Skancke, PhM2c.

To this department falls the task of maintaining the hospital grounds and equipment.

The continual orderly appear-



A busy place—that's the MAA office of this hospital. The staff, busily at work, is pictured above. A patient (right background) stands behind the desk of CPHM William Johnson as the Chief works out a solution to his problem.

Mouse Makes News

Visitors to the medical storeroom recently were entertained in a startling manner.

It seems that one of the adept hunters on the storeroom crew trapped a mouse. It was more than he could bear to think of killing the little fellow, so he tied a string to its tail and kept it as a pet.

Then our hero hit on the idea that the mouse could be put to a practical purpose.

He kept the mouse between the folds of a daily newspaper. The string was secured to a drawer pull, but was cleverly hidden.

Whenever a newcomer came to the storehouse he was told that there had been a major catastrophe in his home town, and that he could read the news for himself in the paper that was pointed out to him.

No one failed to fall for the gag. They would rush for the paper and start to open it.

Presto! Out popped the mouse.

Prospective readers, especially the feminine ones, invariably made haste for the nearest exit.

The prankster says that was one item in a paper that really jumped right at 'em.

Court Orders Ex-GI Restored to Job

By Camp Newspaper Service

The GI's right to return to his old job—if he wants to—has been bolstered by a recent court decision.

The General Cable Corporation of Perth Amboy, N. J., was ordered by the United States Circuit Court of Appeals for the Third District (Philadelphia) to reinstate a discharged veteran as its medical director, although the company claimed he was an independent contractor rather than an employee.

In ordering Dr. Albert E. Kay, 38, re-hired, the court ruled unanimously that the provisions of the re-employment amendment to the Selective Service Act apply not only to employees but also to "a position in the employ of an employer."

Dr. Kay enlisted in the Army in December, 1942, after he was classified 1-A by his draft board, and attained the rank of captain before he was discharged for physical disability.

ance of the hospital is a great credit to the patients. To accomplish this end the Outside Master at Arms assigns patients who are physically qualified to perform specific duties.

Chief Creech is assisted by E. H. Barker, PhM2c and E. A. Reeves, PhM2c.

Civilian Corner

On Monday evening, 25 Sept., the girls from the tailor shop celebrated at the Dude Ranch—the occasion being the birthday of Mrs. Mary Miliks. The floor show was very amusing, and the food was delicious. Let's have another birthday, girls!

* * *

We all will miss Nina Dugger, but as she is expecting the stork in a few months—all we can say is, "So long, and good luck."

* * *

Mrs. Erma Ponto is on vacation.

* * *

Marie La Rock and Ruby Vance spent the week-end at Lake Arrowhead. While there they visited the Naval Hospital. They agree that it is very nice there, but much more interesting here.

Minneapolis (CNS)—A Minneapolis night club sent this telegram to a London theatrical agency: "Understand Hitler, Goering and Goebbels closing Berlin soon. Have opening for trapeze act starting Oct. 1. If available sooner, please advise."

Your Library

By NANCY HAYNES, Librarian

Since the opening of the library in January, 1943, the first aim has been to make it your library.

Your requests have determined the books which have been purchased and are now in use.

Although many fields of literature and study have been covered, there are still fields which have not been represented. You can help in the expansion of the present collection of books.

The next time the book truck is on your ward, or the next time you are in the library, examine the books, and if your field of interest is not represented, write your request down, and give it to some member of the staff. If possible we will purchase the book or books you wish.

These few figures will show you how the library is becoming more and more your library. In April, 1943, the circulation for the month was 421, in June it was 1,066, and in December it was 2,004. In January, 1944, the circulation was 3,014, increasing to 3,737 in May, 4,321 in August, and 5,692 in September.

Cambridge, Mass. (CNS)—The people of the U. S. are afflicted with "an appalling amount of parochial ignorance," symbolized by their fondness for radio crooners, comic strips, soap operas and picture magazines, says Douglas Bush, professor of English at Harvard University. "The mass of the people want entertainment, not enlightenment," according to Dr. Bush. "Even the select majority who go to college are undisciplined and half-illiterate."

Boston (CNS)—After thinking it over for a number of years, Joe Pallotti, a local resident, has become an American citizen at the age of 93.

Detroit (CNS)—Although he was a professional palm reader, Hassin Kohn wouldn't hold hands with his own wife, Mrs. Kohn charged in filing suit for divorce here.

SPORTS

By M. C. Patrick, HA1/c

Basketball

The basketball season will officially open Monday, 6 Nov. Anyone who is interested please turn your name into the Athletic Office not later than the 1st of Nov. so that a roster may be made for the Recreation Commission.

With the material we have at the hospital we should have one of the best seasons the hospital team has had since this sport was started a couple of seasons ago.

Most of the men who played last season will be back this year. This, plus the new material that has been assigned here in recent months, should give us one of the best teams in the district.

The basketball team will be entered in two leagues this year. Namely the Industrial and the Recreation Leagues. In the Recreation League the Naval Hospital is the defending champion.

Workouts will start 20 Oct. For the first week, practices will be held on the tennis courts, east of the Corps Quarters, and will be held daily until a team is selected. MORE — MORE — MORE

Softball

The final standing of the Naval Hospital Softball team was as follows: Sixty games were played during the season; the team won fifty-two games while losing eight; nineteen games were shutouts, four were no hit, no run games, and six were one hit games. This is a record that any ball team can justly be proud of. The boys deserve a lot of credit for making a record like this.

The gold softballs and trophies will be awarded in the very near future.

The leading batter for the entire season was B. D. Fanning. Along with being the best hitter on the team he was also the best pitcher in the entire league.

The roster of the team was: Sparrow (catcher), Fanning (pitcher), Perdue (first base), Covello (second base), Crandall (shortstop), Hernandez (third base), Johnson (left field), Abadie (center field), Pearl (right field), and Elitchko (fielder).

Marquette, Mich. (CNS)—Four convicts broke out of the local jail, then broke in again and were captured. They said they had forgotten their cigarettes.

New York (CNS)—When Band-leader Woody Herman's cook threatened to quit, he enticed her into staying by writing a song—"Stay Awhile"—and dedicated it to her.

Football

The intramural football tournament will get under way here at the hospital 1 Nov.

The hospital will be divided into four divisions. Those divisions are as follows: Medical, Surgery, Administration, and Officers.

The tournament will be elimination. At the end of the tournament a trophy will be awarded to the winning department.

The schedules will be posted on the bulletin boards throughout the hospital.

Everybody's Shipmate



Above is shown a man who is as important to this activity as to all Naval activities because he is known in every port of the Seven Seas.

If you need an introduction to the Kennedy family, that's because the males of the household usually take their morning coffee in the South Pacific. Commander J. F. (Jack) Kennedy, USN (Ret.) skipper of the home, returned in May to become Commanding Officer of the Disciplinary Barracks after 13 months in the area. Son, John, SF1/c, came home this week with a Presidential citation. Sons Tom and James, both AMM's, and the Commander's two sons-in-law are still there.

Born in Allentown, Pa., Commander Kennedy entered the Navy at 17 as a seaman, served 30 years, returned in 1940 after five years retirement, rose to Commander on Sept. 12.

He sailed around the world on the Navy's last wooden ship, later answered "here" at musters on four battleships—USS New Mexico, California and two versions of the USS Mississippi. Interspersed were shore stations at Great Lakes, Washington and San Diego.

Congratulations to Commander "Jack" from the patients and staff of this hospital.



Our boys were thrilled—and who wouldn't be—when they recently visited with Hedy Lamarr on a "closed set" at RKO Radio Picture's Studio. The men had spent the morning as guests of the Los Angeles Breakfast Club, and were at RKO for lunch and a tour of the lot as guests of the Studio.

Service Women's Services

Service women on liberty in Los Angeles are welcome to stay at the new Studio Club Guest House, located at 1227 Lodi Place, corner of Lexington Ave., Hollywood.

Maintained by the Hollywood Studio Club, next door, the Guest House offers sleeping accommodations and breakfast for one dollar.

The Studio Club was founded by movie stars in the early twenties, and is sponsored by the stars of today.

* * *

The Los Angeles U.S.O. is happy to announce that the clubhouse for service women opened October 9. This new building at 540 South Olive is conveniently located opposite the Biltmore Hotel in downtown Los Angeles.

Among the available services will be an accommodation desk which will provide information and free tickets to theatres, etc. A special canteen, and a strikingly decorated powder room equipped by Max Factor are there for the use of all service women.

Rooms in hotels, dormitories and private homes are recommended. Special parties are arranged for groups wishing to entertain at the Clubhouse.

Early in November a dedication program and reception will be held. Women from all branches of the Services will act as hostesses. The exact date will be posted on the WAVE bulletin board.

GI Bill of Wedding Rights

Chaplain: "Wilt thou, John, have this woman as thy wedded wife, to live together in so far as the bureau of Naval personnel will allow? Wilt thou love her, comfort her, honor and keep her, take her to the movies and come home promptly on all 48-hour liberties?"

Groom: "I will."

Chaplain: "Wilt thou, Mary, take this sailor as thy wedded husband, bearing in mind liberty hours, ship schedules, restrictions, watches, sudden changes, uncertain mail conditions, and other problems of Navy life? Wilt thou obey him, love, honor, and wait for him, learn to wash, fold and press his uniforms?"

Bride: "I will."

Groom: "I, John, take thee, Mary, as my wedded wife from 1700 to 0730, as far as permitted by my commanding officer, liberty hours (subject to change without notice), for better or worse, for earlier or later, and I promise to write at least once a week."

Bride: "I, Mary, take thee, John, as my wedded husband, subject to the orders of the officer of the deck, changing residence whenever the ship moves, and there I give thee my troth."

Chaplain: "Then let no man put asunder these whom God and the bureau of Naval personnel have wrought together. By virtue of the authority in Navy regulations of the bureau of personnel manual, the latest bulletins from the bureau of personnel concerning matrimony, and the direction of the commanding officer, you are now man and wife."

"I represent the Mountain Wool Company, ma'am. Would you be interested in some coarse yarns?"
"Gosh, yes, tell me a couple."

1st CPO: "Did you fill your date last night?"

2nd CPO: "I'll say I did. She ate everything in sight."

WAVE News

The main topic of discussion among the WAVES is the Overseas Bill. Legislation that permits WAVES to serve at shore stations outside the continental limits of the United States has been passed by both Houses, and signed by the President.

All overseas assignments will be on a voluntary basis. WAVES who wish to serve overseas are asked not to send any requests for that type of duty to the Navy Department. Full instructions on procedure will be announced by the Bureau of Naval Personnel, and all applications will have to be in accordance with such procedure.

Previous requests will not be considered as giving precedence in making selections of personnel for overseas duty.

We hear that this duty will be limited to Hawaii, Panama, and Alaska, but we'll just have to keep on questioning the Quije Board as to where, when and who are to go.

* * *

Three girls have left this station for further study. "Pat" Stagg, PhM3/c, to Alameda, California, and "Pam" Moore, PhM3/c, to Corpus Christi, Texas. Both of these girls will attend Low Pressure Chamber School. Alice Ray, PhM3/c, left for Corona to study Clerical Procedures.

We've lost these girls, but four new WAVES have checked into this station. Dorothy Bondy, PhM3/c, who had been with us eight months before, returned from duty at Long Beach Dispensary. She was married Sept. 15 in Benson, Minn., to Lt. Bondy of U.S. A.A.F. Dorothy has been assigned to lab school here.

Dorothy Torow, PhM2/c, of Inglewood, Calif., reported here for lab study. She checked in from the U. S. Marine Air Station at El Centro.

Esther Fowler, PhM3/c, of Nineveh, N. Y., reported recently from Los Alamitos Naval Air Station. She is now working in Ward E-12.

Doris Shelp, PhM2/c, of Hollywood, California, was transferred here from the O.N.O.P. in New York. She is working in the Educational Department.

* * *

We were all happy to have "Terry" Garvin, PhM3/c, spend a week-end with us. She had been here a year, and left in the early summer for Alameda to study at Low Pressure Chamber School. She's just the same old "Terry," and says that she enjoys her new work very much.



Above is shown a busy corner of the shop maintained for Occupational Therapy. The patients not only enjoy their work, but regain their health at the same time.

WAVE AT WORK



WAVE Josephine Mellick, PhM3/c, of Ward B-2, proves above that work can be fun. The patient likes it, too. Josephine hails from Oak Park, Ill., and has been stationed at this hospital since March 31, 1944.

Jersey City, N. J. (CNS) Izzy Banikonis spent his weekly pay check merrily, then, enroute home, fell asleep in a 15-inch deep patch of tar. The tar melted, holding Izzy fast. Twenty-five cops went to work on Izzy with gasoline, kerosene, shovels, longshoreman's hooks and knives and finally removed him from his gummy resting place. At a nearby hospital Izzy's condition was reported as "not serious—just messy."

Wedding bells have really been ringing for our girls. We have four new brides in the past few weeks. The new couples are: Ruth Raymond, PhM3/c, and Carl Horne, PhM1/c; Twila Tompkins, HA1/c, and Bernard Zinsli, HA1/c; Dorothy Gilbertson, PhM3/c, and Ray Willcox, SC3/c, of USCGR, and Mary McClinnis, PhM1/c, and Sgt. Leonard Thomas of the Marine Corps.

We all wish them much happiness.

Scotch Treat

Gregory, a U. S. Navy man, was medium-sized, and not very imposing. One night ashore, he walked into a small honky-tonk bar, and with a flourish and a voice that filled the room, said: "When Gregory drinks, everybody drinks."

Immediately the bar was jammed. The house filled all the glasses, and everybody drank. Gregory laid a dime on the counter and said: "When Gregory pays everybody pays." And out he walked.

Husband (answering telephone): "I don't know. Call the Weather Bureau."

Pretty Young Wife: "Who was that?"

Husband: "Some sailor, I guess. He asked if the coast was clear."

Aorta Visits Occupational Therapy

Since the human machines is at its best in activity, one can recognize the psychologic and physiologic value of work and play. If there is any deviation from normal activity, Occupational Therapy can be successfully employed to bring about the patient's recovery of physical and psychological well-being.

The scope of Occupational Therapy covers Preventive, Functional and Prevocational Therapy. Preventive Therapy comprises diversional activities, preventing neuroses and sustaining morale. Functional Therapy comprises activities to assist in the restoration of articular and muscular function, to improve general condition and build up physical endurance, and to aid in mental rehabilitation and the treatment of mental disorders. Prevocational Therapy prepares a patient to return to his former employment or on to a vocational education.

All Occupational Therapy is a rehabilitation activity prescribed by the ward medical officer.

One might wonder about all of these "therapies" to which he hears a vague reference. Physical and Occupational Therapy supplement each other for a well rounded treatment for orthopedic and surgical patients. Heat and massage in Physio prepare the patient for active exercise. An active exercise which centers the attention away from the disability frequently stimulates more rapid physical gain, therefore, a useful, interesting and creative occupation is prescribed by the Occupational Therapist.

It is the aim upon expansion of the department at this hospital to add to the present activities such occupations are: bookbinding, woodworking and upholstering, weaving, printing and minor occupations.

The effects of Occupational Therapy on the patients fall into four essential groups:

The mental effect is its "normalizing influence—it is natural for a man to be occupied." It develops self expression and initiative, gives an improved mental state due to encouraging and progressive projects of work.

In physical effect Occupational Therapy restores function to disabled joints, aids in repairing muscle tissues and improving muscle power, increases blood supply and healing processes, builds up resistance to fatigue, and develops mental and physical coordination.

Social effect—it raises the morale of the patient, ward and hospital, gives opportunity for social contacts in normal activities.

Economic effects—detects aptitudes, skills and capacities for vocational guidance, evaluates disability in relation to vocational requirements.

"Occupational Therapy operates in harmony with physiological and psychological laws and serves as a stimulus in returning the patient back to normal patterns of life and expression."

The department is headed by Wave Ensign Mary Grace Wiley, graduate of Milwaukee-Downer College in Milwaukee, Wis., where she majored in Occupational Therapy.

Ensign Wiley is assisted by Jean Parkis, PhM2/c, who holds an Occupational Therapy diploma from the School of Handicraft and Occupational Therapy, and Harold Tabor, PhM1/c.

Back to Civilian Life

By C. W. O'Brien,
Chief Pharm. USN

The Bureau of Naval Personnel has instituted a program of Civil Readjustment by which discharged Naval Personnel will be assisted in making the transition from Navy life back to civilian life.

On July 15, 1944, the first Civil Readjustment Officers' Class convened at the United States Naval Medical Center, Bethesda, Maryland, with an attendance of 35 Hospital Corps Officers ranging from Pharmacists to Lieutenants, and the course was completed two months later on Sept. 15, 1944.

Veterans are entitled to many benefits and it is the duty of the Civil Readjustment Officer to provide information and advice on such matters as mustering out pay, the procedure for obtaining a former job, and vocational education interrupted by the war. This service of advice and assistance does not stop with the discharge of the veteran but continues for three months after, or indefinitely if the case requires the attention. It is the intention to give each officer and man individual attention, and to give sympathetic assistance in the solution of problems impeding the changeover. This program must be and is a personalized, not a routine procedure.

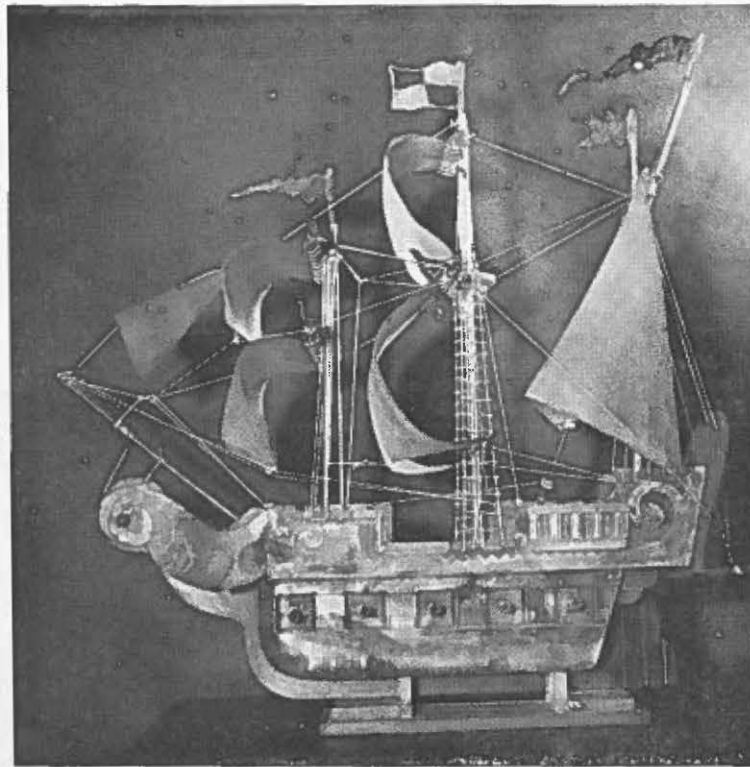


C. W. O'Brien

The program, as set up at this activity, is quite simple and can be explained in a few words.

A man appears before the Survey Board and if recommended for discharge is given a check out slip with a list of people on it who are able to help him with his change into civilian life.

The first office he goes to is the Civil Readjustment office where he is interviewed by Chief Pharmacist O'Brien or one of his capable assistants, Chief Ford or Pharmacists Mate second class Werner. He is given a pamphlet on the



Above is shown a beautiful model of a Spanish Galleon made entirely of semi-transparent plastic. This model, which is approximately 18 inches long 18 inches high, was made by Henry Lefebvre, CSp(A), former physical education director of this hospital. The ship has an electric light inside which makes the whole model glow from the hull to the most tops.

"Rights and Benefits" of a veteran with instructions to read it carefully and appear in the auditorium the following Monday morning for a lecture on the subject. By telling each man surveyed to appear the following Monday in the auditorium a hundred per cent attendance has been reached. At 0930 Monday morning a half hour discussion on the "Bill of Rights" is given by Mr. O'Brien with a short talk on Educational benefits by Lieut. Francis. Insurance rights by the Insurance Officer and the opportunities offered by the United States Employment Service by Mr. Killam, a U.S.E.S. Representative.

The next office visited by the prospective dischargee is the Veterans' Contact Desk in the Survey Office. Here Miss Springman informs the man about his pension benefits, further information on hospitalization and anything that might be of interest to the future veteran.

After leaving the veterans' desk he goes to the Red Cross where help is given in filing his pension.

Next interview is with Lieut. Francis across from W-2. Lieut. Francis has all the necessary information concerning education while awaiting discharge and after entering civil life. In the same office is a representative of the California Board of Education.

In turn the man is interviewed by the Insurance Officer, State Rehabilitation Representative, U.S.E.S., and finally back to the Survey Office discharge desk.

On the day of discharge the

future veteran is given an exit interview by the Civil Readjustment Officer, any questions are answered and the officer's address is given him so that if at any time a problem arises he can write and an answer will be sent him.

At this writing an invitation is sent out to all hands in the hospital, regardless of whether being discharged or not, to hear the discussions every Monday morning at 0930 in the auditorium. Questions may be asked there or at any time. Questions to be asked by bed patients may be written up and given to the ward nurse who will forward them to the Civil Readjustment office.

DE MOLAY MEETING

On Saturday night, November 18, there will be a De Molay degree put on at the Shrine Temple in Los Angeles.

All De Molays or former De Molays, and Masons are cordially urged to attend.

This will be the second annual affair at the Temple and promises to exceed that of last year.

Chapters from the entire State will be represented.

For further particulars, and for transportation arrangements see W. H. Baker in the Accounting Office, Walker Building.

Sailor dad to son: "It isn't any of your business how I first met your mother, but I can tell you that it certainly cured me of whistling."

New Orchestra

The Wave-Corpsman Dance, held on 22 Sept., was a great success, thanks to the new hospital orchestra that would have put many a professional outfit to shame. The orchestra, composed of an entirely new group, practiced for three weeks—mostly on their liberty time—to provide a perfect evening's entertainment for the more than 150 people who attended.

Les Huntington, formerly with Mitchell Ayres, did the arrangements. He was the only professional in the group, and all members of the orchestra agree that his guidance helped put them over to the delight of all the dancers.

The orchestra consisted of 15 men, plus the leader and vocalist, and was composed of the following: Les Huntington, first alto; Wally Moore, second tenor; Sam Hardin, third alto; Vincent Liberto, fourth tenor; R. E. Fullington and James Simmons, first trumpet; John Cash and Les Kuester, second trumpet; David Soules and Eddy Bernardi, third trumpet; Dr. Klefstead and Emerson Ebert, trombone; Frank Monaco, piano; Willy Miles, drums; Eugene McCauley, bass; Betty Keyser, vocalist; Lester L. Black, Jr., leader and vocalist.

The entire staff extend their thanks to this group for a most pleasant evening.

Thank You

Gratitude is a thing that cannot always be adequately expressed in words, but this medium must be used to extend the heart-felt thanks of this hospital's staff to the folks who made our orchestra a reality.

The donations of the following named individuals to our Welfare Fund made it possible to purchase the instruments for the orchestra: Charles D. Costas, Nick and Gabriel Dovalis, T. J. Britt, Nick G. Borasalis, Sam's Sea Food, Iowa Barber Shop, J. V. Kuhns, G. S. Sinclair, Home Ice and Storage Co., Fred C. Crow, D. A. George, Cecil B. Glascock, A. L. Benson, R. E. Mon, W. F. Hoffer, W. C. Jarrett and James Blankenship.

They can rest assured that their generous gift will continue to give pleasure to the patients and staff for many years to come.

Philadelphia (CNS)—The cops were called to break up a street fight between two men here. One of the antagonists was armed with a knife. The other was swinging a guitar.

ORCHESTRA MAKES DEBUT



Pictured in **NUMBER ONE**, above, are some of the orchestra members who participated in a jam session during the intermission at the Wave-Corpsman dance. Their hot tunes set the folks right back to dancing, as can easily be seen in picture **NUMBER FOUR**. The jive band members, from left to right are: Ens. Simmons, Ens. Liberto, Wally Moore, Ray Fullington, Les Huntington, and Ed Sparrow.

NUMBER THREE, above, shows members of our orchestra. They are: Front row, left to right, Betty Keyser, Ens. Liberto, Sam Hardin, Les Huntington, Wally Moore, Leader Les Black (Marine), and Frank Monaco (Piano). Back row, left to right, Dr. Kiefert, Emerson Ebert, A. Bernardi, David Soules, Ray Fullington, Ens. Simmons, Les Kuester, John Cash, Eugene McCauley (Bass), and Willy Miles (Drums).

The two couples hot-hoofing it during the jam session are: In picture **NUMBER TWO**, above, Betty Ball, HA1c, and Michael Ackerman, PhM1c; in picture **NUMBER FIVE**, above, Mary Heuer, HA1c, and B. L. Thompson, SC1c.



CHAPLAINS' COLUMN

Philip C. Skehan, Lt. (CHC) USNR.....Catholic Chaplain
Edgar F. Lawrence, Jr., Lt. (jg) (CHC) USNR.....Protestant Chaplain
Kenneth Roduner, SP(W)1/c USNR.....Chaplain's Assistant

The Catholic Mass at 0900 and the Protestant Services at 1000, both in the auditorium of this hospital on every Sunday, will be transmitted via the radio-channel system to the bed-patients.

CATHOLIC

Masses are celebrated twice each Sunday in the Auditorium at 0645 and 0900. On week days Mass is celebrated in the Chapel in the Chaplain's Office at 0645. Chaplain Philip C. Skehan is the celebrant. Confessions are heard on Sundays before Mass and during the week at any time.

PROTESTANT

Protestant Services are held each Sunday in the Auditorium at 1000. Chaplain Edgar F. Lawrence, Jr., conducts the service and preaches the sermon. Special music of an inspiring nature is provided each Sunday. Kenneth Roduner plays for both services.

Everyone at the Hospital is cordially invited to attend the service of their choice and to find the inspiration that worship brings.

JEWISH

Jewish Services are held each Friday at 1500 in the Civilian room, opposite the Chaplain's Office. Chaplain William Greenburg, USNR, conducts the services. The Chaplain will also be here on Wednesday afternoons, for consultation.

Patron of Sailors

There are many Saints popular with seafaring men, but the one considered to be the Patron of Sailors is St. Nicholas of Myra, also beloved by children. Every adult must be a child in spirit if he is to pass safely through the door of death to the life hereafter. We have Our Lord's own testimony for this: "Amen I say to you, unless you be converted, and become as little children, you shall not enter the Kingdom of Heaven."

Different from many of the Saints we have met, this one was born of wealthy parents who exercised their riches to give the boy, Nicholas, an excellent education. Though blessed with this world's goods, he was indeed poor in spirit, and utilized his temporal possessions to help others, as when he secretly threw a bag of gold in a window on three separate occasions to save the honor of three young girls. Otherwise, by reason of poverty, they would have been reduced to the temptation of a life of shame. This act of Nicholas is commemorated nowadays in the idea of Santa Claus, when the children thank "Good Saint Nicholas" for the gifts left discreetly around the fire-place on "the night before Christmas." Santa Claus, you will note, is but a corruption of Sankt Nikolaus.

After he became a priest, it was the desire of Nicholas to make a trip to the Holy Land. This he did. During the voyage, he foretold a furious storm in which all

the passengers would consider themselves lost. But Nicholas overcame by his prayers the tempest which would have wrecked the ship. The grateful sailors fell at his feet and thanked him for his help. The humble man reminded them that to God alone, the mighty Ruler of earth, sky and sea, their thanks were due, and that He had spared their lives in order that they might serve Him.

On more than one occasion, during his life and after his death, this Saint obtained the same favor for the storm-tossed travelers. It is for this reason that he is regarded as the patron of sailors. It also happened that on one voyage he raised to life a seaman who had fallen from a high mast and had been killed.

Having become Archbishop of Myra, he died in that city in the year 342.

—Chaplain P. C. Skehan, USNR, from "Patron Saints for the Armed Forces."

Opinions

By Chaplain Lawrence

In this world in which we live there are various things which try to influence us, they attempt to form our opinions on various subjects, personages, or issues; these things are the radio with its galaxy of commentators; the newspapers which act as a mouthpiece for the various editors; the magazines with their articles on many things. Each in its different field tries to tell us what to think, what to say, what to do. They all attempt to

Government Issue

Sitting on my G.I. bed, my G.I. hat upon my head,
My G.I. pants and G.I. shoes,
Everything free and nothing to lose,
G.I. razor, G.I. comb,
G.I. wish that I were home.

They issue everything I need,
Paper to write on, and books to read.

They issue food to make me grow,
G.I. want a furlough.

My belt and shoes, and G.I. tie,
Everything free and nothing to buy.
My food is served on G.I. plates,
And the meals are served at G.I. rates.

It's G.I. this, and G. I. that,
G.I. haircuts, and G.I. hats.
Everything here is government issue—

All but you, dear, G.I. miss you.
B. A. Wheeler—W-5.

Ladd Field, Alaska—Cpl. John Seth of Ladd Field received a letter from his wife containing an intricate drawing. "This," the letter explained, "is the way the dashboard of our car looks. Do we need a quart of oil?"

Knoxville, Tenn. (CNS)—Stan Braswell has filed suit for divorce, claiming that his wife sent a telegram announcing that she was dead. "She just did it to tease me," he complains.

Reno (CNS)—Gypsy Rose Lee, author and strip tease artiste, has arrived in Reno with three projects in mind. They are (1) to have a baby, (2) to get a divorce, (3) to write a novel.

influence our opinion, and yet most opinions are not stable, for they change with the morrow; the thoughts of today are discarded for the ideas of tomorrow. Centuries ago the Psalmist formed an opinion, an opinion that has outlasted the years of time and today it is unaltered and unchallenged. Probably it was formed as he tended his flocks out under the stars where he had much time to meditate and to think; maybe it was in a time when his country was threatened by enemy hordes, or strife from within; we will never know nor does it matter what the circumstances were to bring him to his conclusion; but the world will never forget the words which his thoughts have expressed in our text: "God is our refuge and strength, a very present help in trouble." These words have brought consolation for the sorrowful; strength for the weary; hope for the afflicted; people of all ages have read them and been helped. Today let's all of us take these words to our hearts, for we live in a troubled world, we need to go to someone for refuge and strength, let us take this opinion, this belief of the Psalmist, which has been tried and found true by the ages, and let us find hope for the morrow, in this opinion of the ages.

Nurses' Log

Ol' Dan Cupid has really been shooting his darts about in the nurses' quarters.

A surprise marriage was that of Ens. Evelyn Kerns to Claude Marx on 11 September.

Ens. Betty Belton was married at St. Matthew's Church to CBM Eugene Mizell 23 Sept. at 1700. Miss Belton wore her white dress uniform and carried an orchid on her prayer book. Her only attendant was Ens. L. Kuhn. Chaplain Skehan officiated. Mr. and Mrs. Mizell are living in Long Beach at the present time.

Among the farewell parties given, was a bridal shower for Ens. Anderson, who was detached 30 Sept. Miss Anderson became the bride of Gerald Millison, USA, 13 Oct. in Dodge City, Oklahoma.

Ens. Evelyn Johnson was married 30 Sept. to L. A. Gindling.

To each one of these couples we all wish much happiness.

* * *

Ens. Irma Bradley was transferred 13 Sept. to USNH, Corona, Calif., for further treatment. Good luck, Irma, we hope to see you soon.

Bon voyage to Ensigns Anna Conley, Kathleen Corrigan, Juanita Sharpe, Thelma Ogburn, Verone Huelskamp and Doris Alexander, who were detached 15 Sept. to the 12th Naval District. Smooth sailing and good fishing, Ensigns.

* * *

We welcome the following nurses who have reported here: 20 Sept., Lt. (jg) M. C. Gardiner; 23 Sept., Lt. (jg) L. E. Sokol and Ens. H. E. Jorgenson; 29 Sept., Lt. (jg) D. B. Howard; 3 Oct., Lt. (jg) M. M. Langton; 5 Oct., Ens. H. P. McAlbin, Lt. (jg) M. Houge, Ens. M. Sasso.

We were a sad crew 2 October as we said goodbyes again to some of our buddies. They are off to the USNH, Astoria, Oregon, where they will enjoy the beauty of the great Northwest and delicious salmon fresh from the Columbia River. Good luck to Ensigns I. M. Curry, L. Coker, I. Billerbeck, M. Sherba, G. Tagerelli, A. Essex, S. Ryburn, M. Satreass, W. Shoaf, A. Rieman. Don't forget dear ol' sunny California.

* * *

We wish to thank Chaplain Skehan for making arrangements enabling us to attend the dance given by the USS St. Louis at the Municipal Auditorium, 2 October. The transportation furnished by NOB was greatly appreciated.

Captain's inspection is where you stand real still hoping the guy next to you has dirtier stripes than yours.